**“🩸 Blood Group O: Leading the Lifesaving Charge from 2006 to 2024!”**

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|  | | Blood donation is a critical part of healthcare, saving countless lives every year.   * **❤️ Life-saving Impact**: A single blood donation can save up to three lives. * **⏳ Constant Need**: Every two seconds, someone needs blood. * **💪 Health Benefits for Donors**: Donating blood can reduce high blood pressure and burn calories. * **🩺 Types of Donations**: Whole blood, platelets, and plasma donations serve different medical needs.   By donating blood, you contribute to a vital supply that helps save lives and supports medical treatments worldwide. If you haven’t donated before, consider becoming a donor and making a lifesaving difference! |
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| **“Heroes in Action: Wilayah Persekutuan, Perak, Johor, Pulau Pinang, and Sarawak Lead the Lifesaving Blood Donation Charge!”** | | |